

November 22,  
2019

WWW.SPRINGBLUFFPIRATES.COM

573-457-8302

adanz@springbluffpirates.com



# Pirate News

Early Dismissal Every  
Friday @2:03 pm

## Upcoming Events

NO SCHOOL THANKSGIVING BREAK	11-27- 11-29
TAG (5th -6th)	12/4
TAG (7th-8th)	12/5
Fine Arts Club	12/5

Next Newsletter will be sent December 6.



Please welcome Mrs. Amy Danz to our Spring Bluff full time office staff. She is a familiar face in the building serving as a volunteer volleyball coach, substitute bus driving and more recently assisting in the office.

One of her duties will be managing our food service program. Please contact her with any questions about your child's lunch account at [adanz@springbluffpirates.com](mailto:adanz@springbluffpirates.com).

## Welcome to Spring Bluff!

## School Cancellations

It's that time of year again. Anytime school is cancelled or dismissed early, parents will be notified through our School Messenger system. Please be sure to contact the school office to update your contact information if your number(s) change anytime throughout the school year. The School Messenger number, 844-875-4925, will appear on your phone and can be called back to replay the message. In order to keep the phone lines available, we ask that you do not call the school office if you missed the message. Thank you in advance for helping us out with this.

School closing information will also be posted on the district's website, channels 2,4, & 5 as well as KTUI radio. Announcements will be made as early as possible, generally before 6 a.m.

### This Week's Attachments

- Handwashing 101 Flyer
- December Calendar

## Nurse Note:

The office does not keep over the counter medications on hand for students. Parents are reminded to provide any over-the-counter medications that their children are allowed to have here at school. If meds are not provided, we may need to call a parent to bring meds to school or send your child home for something as minor as a headache.

Thank you!



**Thanksgiving Break will begin Wednesday, November 27th. Classes will resume Monday, December 2nd.**



**Ways to Stay Informed this Year:**

@springbluffrxv



@springbluffpirates

Website: <http://www.springbluffpirates.com>**Pirate News****Spring Bluff Pirates****COUNSELOR'S CORNER**Diana Wiese  
K-8 School Counselor  
[dwisee@springbluffpirates.com](mailto:dwisee@springbluffpirates.com)**Homework Helps Skills Grow**

Homework helps reinforce the lessons your child is learning at school. But that's not all! When he completes assignments on his own, your child also learns key skills like responsibility, initiative, perseverance and time management.

**Join us for a night with Santa**

December 9

6-7:30 p.m.

**PreK-3rd grade****Spring Bluff Families only**

Santa will be here on Monday, December 9 to visit with K-3rd grade students. Students will enjoy a fun filled evening with crafts, listening to Christmas stories read by teachers, and hot cocoa and cookies for a special treat.

Please plan on attending this fun evening hosted by Mrs. Binsbacher, Title I teacher, and the Spring Bluff Educational Foundation.

**Tips From Title I****Make Reading a Part of Your Family Time!**

Family time is so important.... Why not make reading part of this valuable time with your kids? Here are some tips for integrating reading into our daily family activities:

- ◆ Read bedtime stories
- ◆ Play a board game
- ◆ Visit our local library
- ◆ Read a recipe and cook something yummy together!

Create a comfy reading space in your home. Put your child in charge of reading the grocery list at the store.

*"Children are made readers on the laps of their parents."* ~ Emilie Buchwald

**Are your students dressed for the weather?!?**

Our weather seems to be changing daily and difficult to keep up with. Please help your child prepare for the unpredictable Missouri weather and make sure they have a coat, hat, and gloves everyday. As long as the wind-chill is 25 degrees or above, students will go outside for recess and enjoy some fresh air.

[Check the springbluffpirates.com](http://springbluffpirates.com) often for schedule updates!!

**Go Pirates!****Sporting News & Events****Saturday, November 23rd****4G/4B/5G/5B/6B/7G/7B/8B @ IC 9:00 am****Monday, November 25th****5G/5B/7B vs OLL @ Home 5:30 pm****Tuesday, December 3rd****5B/6B vs St. George @ Home 5:30 pm****Tuesday, December 3rd-7th****7B/8B Borgia Tournament TBA**





## Handwashing 101: Life is Better with Clean Hands

December 2019

**BJC** Medical Group  
of Sullivan

[missouribaptistsullivan.org](http://missouribaptistsullivan.org)  
Partnering for Better Health  
For more information  
contact:  
573-468-4186

### When & How to Use Hand Sanitizer

CDC recommends washing hands with soap and water whenever possible because handwashing reduces the amounts of all types of germs and chemicals on hands. But if soap and water are not available, using a hand sanitizer with at least 60% alcohol can help you avoid getting sick and spreading germs to others.

- Alcohol-based hand sanitizers can quickly reduce the number of microbes on hands in some situations, but sanitizers do not eliminate all types of germs.
- Hand sanitizers may not be as effective when hands are visibly dirty or greasy.
- Hand sanitizers might not remove harmful chemicals, like pesticides and heavy metals, from hands.
- If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- When using hand sanitizer, apply the product to the palm of one hand (read the label to learn the correct amount) and rub the product all over the surfaces of your hands until your hands are dry.

### When and How to Wash Your Hands

Handwashing is one of the best ways to protect yourself and your family from getting sick. Learn when and how you should wash your hands to stay healthy.

#### When to Wash Your Hands

You can help yourself and your loved ones stay healthy by washing your hands often, especially during these key times when you are likely to get and spread germs:

- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone at home who is sick with vomiting or diarrhea
- Before and after treating a cut or wound
- After using the toilet
- After changing diapers or cleaning up a child who has used the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage

#### How to Wash Your Hands

Washing your hands is easy, and it's one of the most effective ways to prevent the spread of germs. Clean hands can stop germs from spreading from one person to another and throughout an entire community—from your home and workplace to childcare facilities and hospitals.

Follow these five steps every time.

1. Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
2. Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
3. Scrub your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.
4. Rinse your hands well under clean, running water.
5. Dry your hands using a clean towel or air dry them.

### Stop Germs! Wash Your Hands.

#### When?

- After using the bathroom
- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone at home who is sick with vomiting or diarrhea
- After changing diapers or cleaning up a child who has used the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage

#### How?



Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.



Lather your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.



Scrub your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.

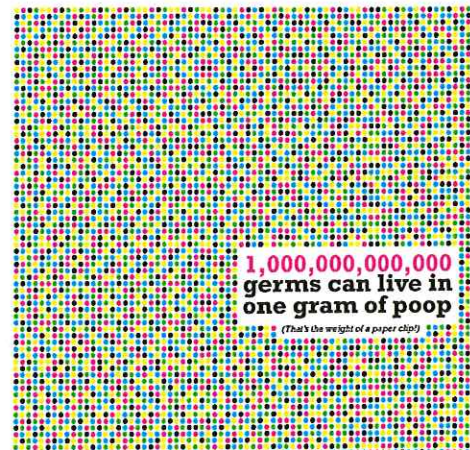


Rinse hands well under clean, running water.



Dry hands using a clean towel or air dry them.

Keeping hands clean is one of the most important things we can do to stop the spread of germs and stay healthy.



**WASH YOUR HANDS**  
after using the toilet



# DECEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Winter Break begins Monday, Dec. 23th- Friday, Jan. 3rd Classes resume Monday, Jan. 6th</i></p>						
<p>1</p> 	<p>2</p> <p>Open Library 3:15-4:30 p.m.</p>	<p>3</p> <p>5B/6B Vs. St. George @ 5:30 pm <b>HERE</b></p> <p>Borgia 7B/8B Tournament begins <b>TBA</b></p>	<p>4</p> <p>TAG (5-6) meeting 3:15-4:30</p>	<p>5</p> <p><b>Mrs. Jenkins on KTUI 1560 9:10a.m.</b></p> <p>Fine Arts Club meeting 3:15-4:15</p> <p>TAG (7-8) meeting 3:15-4:30</p>	<p>6</p> <p>Early Dismissal 2:03 p.m.</p>	<p>7</p> 
<p>8</p>	<p>9</p> <p><i>Night with Santa</i> (K-3rd only) 6:00-7:30</p> 	<p>10</p> <p>7G/7B/8B @ St. George 5:30 p.m. <b>Away</b></p>	<p>11</p>	<p>12</p> <p>Fine Arts Club meeting 3:15-4:15</p> <p>7G/7B Vs. Immanuel Lutheran/Strain Japan @ 6:00 p.m. <b>HERE</b></p>	<p>13</p> <p>Early Dismissal 2:03 p.m.</p> <p>5B/6B Vs. Borgia @ 5:30 p.m. <b>HERE</b></p> <p>Bourbon 4G Tournament Begins <b>TBA</b></p> <p>1.C. 4B Tournament Begins <b>TBA</b></p>	<p>14</p> <p><i>New Haven 5G Tournament Begins TBA</i></p> <p><i>Cuba 5B Tournament Begins TBA</i></p>
<p>15</p> 	<p>16</p> <p>K-3 Holiday Program 7:00 pm</p> <p>STUCO meeting 3:15-4:30</p>	<p>17</p> <p>4-MS Holiday Program &amp; NJHS Inductions 7:00pm</p> <p><b>SCHOOL BOARD FILING BEGINS @ 8:00 AM</b></p>	<p>18</p>	<p>19</p> <p><i>School Board Meeting @ 6:30p.m</i></p> <p><i>Holiday Class Parties 1:45-2:45 p.m.</i></p> <p><b>1.C. 8B Tournament Begins TBA</b></p>	<p>20</p> <p>Early Dismissal 2:03 p.m.</p> <p>Semester Reward</p>	<p>21</p> 
<p>22</p> <p>-----</p> <p>29</p>	<p>23</p> <p>No School</p> <p>-----</p> <p>30</p> <p>No School</p>	<p>24</p> <p>No School</p> <p>-----</p> <p>31</p> <p>No School</p>	<p>25</p>  <p><b>CHRISTMAS DAY</b></p>	<p>26</p> <p>No School</p>	<p>27</p> <p>No School</p>	<p>28</p>